

Practice Record
Bethel Bands

60 minutes	100%
54 minutes	95%
48 minutes	90%
42 minutes	85%
36 minutes	80%
30 minutes	75%
24 minutes	70%
18 minutes	65%
12 minutes	60%

NO MORE THAN 25 MINUTES CAN COUNT PER DAY TOWARD WEEKLY TOTAL. In other words, you will have to practice at least 3 different days to get your 60-minute total.

Student name _____

Total minutes practiced _____

Parent Signature _____

DATE _____